

DXN Life

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INTERNATIONAL ACTIVITIES

DXN Mexico & DXN Morocco

LOCAL ACTIVITIES

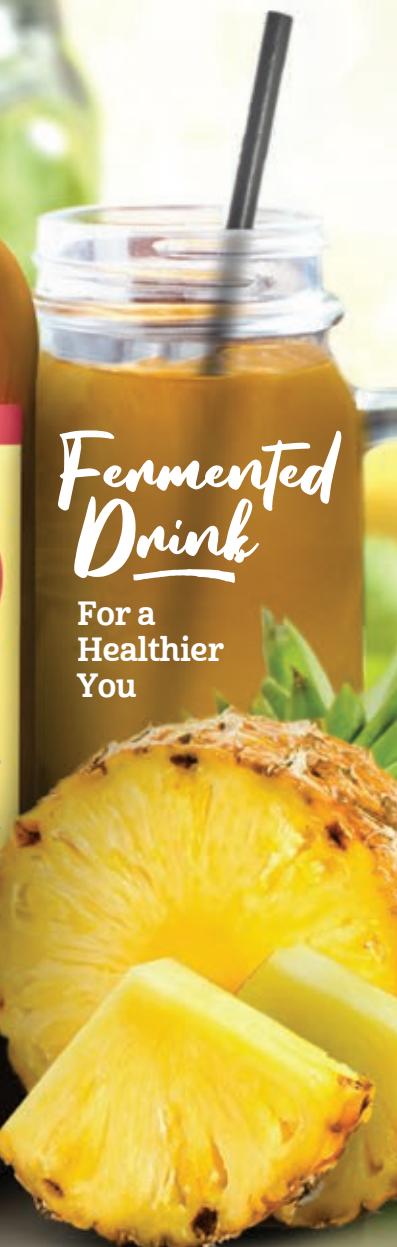
Halal Fiesta 2019, DXN Malaysia
Seminar & Training

LEADERS CORNER

CA - Markwin Lopez
& Jonalyn Lopez

SUCCESS STORY

CA - Khorshed Alam



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Datuk Dr. Lim Siow Jin

DXN PROGRESSING FURTHER 德信更进一步的发展 DXN TERUS MAJU KE HADAPAN

Good Morning DXN!

We are now going through development at such a rapid pace. A lot of new projects have been planned and implemented by us, all over the world. One of this latest project is Boulder Valley. Boulder Valley is a glamping area located in Teluk Bahang, Penang and was acquired by DXN in early 2019. The luxurious campsite offers you a great opportunity to get closer to nature as well as relaxing from your hectic and busy lifestyle in the city. As a special deal for our distributors, packages that are affordable and worth-paying-for, were offered to them, to ensure that our distributors get to stay and enjoy the beauty of Boulder Valley at a significantly lower price. Only 1000 packages are being offered, so seize the opportunity and get a package today, so you can enjoy the beauty of Boulder Valley and unwind, at a much cheaper rate. With the tagline One World One Glamping, Boulder Valley is a must place to visit.

With over 70 DXN branches in over 180 countries, we will soon be hitting another significant breakthrough by expanding our business and gaining a foothold in the Central Asia region, the home to countries such as Uzbekistan, Kazakhstan, Turkmenistan and many more. Planning has been made and our team is now working harder than ever to make it happen. With the new market that is soon to be opened in Central Asia, we are hoping that our products and its benefits will reach more people especially the people of Central Asia, and also for our concept of health, wealth and freedom to be spread, enjoyed and benefited by more people from various parts of the world and at the same time, for our distributors to broaden and diversify their network and business. At DXN, we take pride in our commitment, adherence and devotion to provide to the needs of our distributors across the globe.

Another latest project of DXN is the Kimono project. This socio-economic project is aimed at helping the cotton farmers in Telangana, India. The cotton cultivated by the farmers will be bought and used to make the kimono. 10% of the profit from the selling of the kimono will be used in helping the farmers' welfare. This project is carried out to bring about the message of peace and prosperity to everyone. The kimono too will unleash the message of happiness can only be built in us by building the happiness of the people around us. DXN Kimono comes in 2 colors, white and blue and suitable to be worn by men or women.

Other than that, more new products have been produced by us to cater to the need of our customers. DXN Komb-B, DXN Moricinia, DXN VCO-L, and DXN Zhitea are among our latest products that have been carefully planned, researched, produced and launched to ensure that our loyal customers and distributors get the best products that will help them not only to improve their health, but also life as a whole.

See you at the top.

Thank you.

**See You At The Top****DXN****HEADQUARTERS :**

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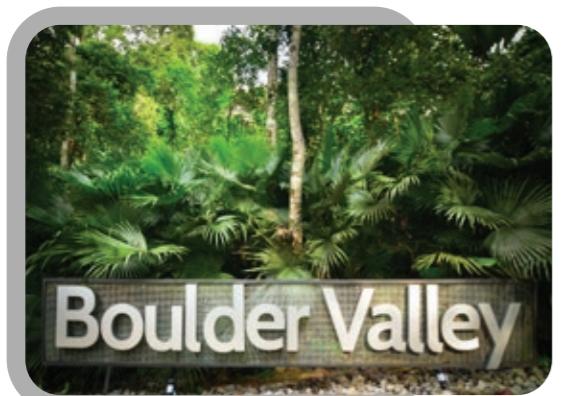
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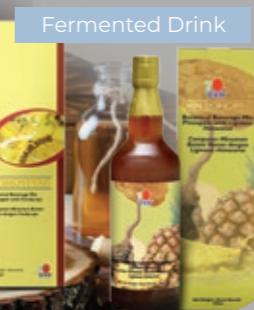
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Jumpa anda di puncak kejayaan!

Terima kasih.

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SENIOR CROWN DIAMOND



SARAVANAN A/L TESANGGU
(NEGERI SEMBILAN)



EXECUTIVE DOUBLE DIAMOND



RAM KRISHNA AHIR
(SELANGOR) THAKENDRA BAHADUR
OLI (SELANGOR)



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ALE (JOHOR) PARAS MANI
PAUDYAL (PERAK) R YOGEASWARI A/P
RENU (SELANGOR)



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TRIPLE DIAMOND



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(PULAU PINANG) CHHATRA BAHADUR
LIMBU (PULAU PINANG) DIM BAHADUR
GHALE (SELANGOR)



SENIOR STAR DIAMOND



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SHRESTHA (PERAK) SAR BAHADUR
GURUNG (JOHOR)



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GHARTI (JOHOR)SOMIA ABDUL
SAMEE ANAM
(SELANGOR)SUMAN
CHAUDHARY
(PULAU PINANG)SURAJ NEPALI
(PULAU PINANG)GYAN BAHADUR
ADHIKARI
(PULAU PINANG)HOM PRASAD
DHAMALA
(NEGERI SEMBILAN)JID BAHADUR
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SHRESTHA
(JOHOR)KARNA NETHI A/L
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(SELANGOR)KASI RAM KHARAL
(KUALA LUMPUR)MUGA GIRI
(SELANGOR)NARAYAN RAI
(NEGERI SEMBILAN)NAWARAJ KINGRING
(SELANGOR)PERVISHA KESEVAN
(NEGERI SEMBILAN)RAM BAHADUR
MUKHIYA SUNWAR
(SELANGOR)SIYARAM MAHATO
(JOHOR)TARA DEVI KUNWAR
(JOHOR)

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(JOHOR)ANCHALA KUMARI
RANAMAGAR
(KUALA LUMPUR)BALMIKI SAH
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(JOHOR)

► STAR RUBY

(MAY, JUNE & JULY 2019)



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ALAMIN
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ARJUN RAI
ARSHAD
BAM BAHADUR SHAHI
BANDHU SHINGH
BHESH RAJ TIWARI
BUHWAL KOIRI
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BIKRAM WAIBA
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NARAYAN PRASAD BANJADE
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NIRAJ LODH
NORMA BINTI ISMAIL
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PARDIP KUMAR YADAV
PURBACHHANE LAXMAN
PURNA BAHADUR LIMBU
PURNA GHALE
PURNAWOTI LIMBU
RAFIF JAMIL GHAZAL
RAJ KUMAR DARJI
RAJAN RAI
RAJENDRA GURUNG
RAJENDRA PRASAD THARU
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SUMINA RAI

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URMILA KOIRALA

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YAGYA BAHADUR BASNET
YAM BAHADUR KHATRI
YAM BAHADUR SHREES
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ZEINEBOU MOHAMED EL
MOUSTAPHA

HONG KONG

MINA KALA RAI

BISHU MAYA LIMBU
BISHWO RAJ SIGDEL
BISUN KUMAR MAHATO
BK PAN BAHADUR
BOUCHRA MOUJAMMI
BOUIMAJJANE MINA
BOUKHALFA OUM KELTOUM
BUDDHI SAGAR
BUDDI BAHADUR LIMBU
BUDHRAMIYA MAHATO
BUSAMAH BT M SALLEH
CATHERINE LEE PI YING
CHAI OI MIN
CHAIN KISHOR MUKHYA
CHAN KAY TIM TIMOTHY
CHAN LENG CHENG
CHAN MUN WA
CHAN WAI YIEN
CHANDAN KUMAR GUPTA
CHANDAN MAHATARA
CHANDAR BAHADUR NEPALI
CHANDRA BAHADUR THAPA
CHANDRA KALA TAMANG
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CHITRA BAHADUR BUDHATHOKI
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CHITRA BAHADUR RANGU
CHITRA PARSAJ JOSHI
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DAMMAR SHING BOHARA
DAMUDAR ADHIKARI
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DEBENDRA YADAV
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DEVI KUMARI SHAHI
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DINESH RAM
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DUK BAHADUR RAUT
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DURGA RAM TAMANG
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GANESH A/L PERIAN
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GANESH BAHADUR SHAHI
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GANGA SING TAMANG
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GOBINDA SHRESTHA
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GOPAL
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GOVINDA LIMBU
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GYANESHOR GURUNG
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LAL BAHADUR TAMANG
LALAN YADAV
LALIT BAHADUR RAWAL
LALITA LIMBOO
LARIN TAMANG

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LAXMAN CHAUDHARY
LAXMAN PAUDEL

LAXMAN SAH
LAXMI AHIR
LAXMI KEDEM

LAXMI KUMARI CHAUDHARY
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LEE LAI CHUN

LEE YOON PIN
LEKH BAHADUR GURUNG
LEKHAT BAHADUR SHREES

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LETCHUMANAN
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MAN BAHADUR RAYAMATHI

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MANJU RAI

► STAR AGENT

(MAY, JUNE & JULY 2019)



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HASSEN
ABDUL RAZAK BIN ABAS
ABDULRAHMAN SAEED
ABDULLAH
ABESHEK PARIYAR
ABINNA THANDAR
ABU BAKAR BIN SUAIT
ABU HASAN BIN ABDUL
RAHMAN
ABUL BASHAR BIN ABDUL
ZOLIL
ACHARYA RUDRA KUMAR
AFYA MAT RAWI
AJAY KUMAR YADAV
AJAY PASWAN
AJAY YADAV
AJITKUMAR KAMAIT
AKAL BAHADUR BISHWAKARMA
AKASH LAWATI
AL ISLAM
ALBERT MAHARJAN
ALINA RAI
ALLAM RAYHANA
AMAR KUMAR RAI
AMARSING BOHARA
AMIR KAJI RAI
AMESHA BALAMPAKI
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AMMAR ABDULWAHAB

MOHAMMED
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ANBARASI A/P ANBALAGAN
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ANIL ADHIKARI
ANIL PRADHAN
ANITA GURUNG
ANITA MAHARJAN
ANJU PARIYAR
ANOD THAPA
ANSARI JALAUDIN
ANTHONY LAPAN SINDANG
ANTHONY ABONG ANAK NAROK
ANUJA RAWAL
APSARA KHADKA
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ARBIN SUNUWAR
ARUN KUMAR SARDAR
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ASHA THARU
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ASHOK KUMAR RAY
ASHOK MANDAL
ASMITA SATYAL
AWALE AHMED
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BABITA MAYA MAGAR
BABURAM SHARMA
BACHCHA SAH TELI
BACHU THAPA
BADARUDIN B MANLUD
BAHADUR GURUNG
BAIBIN KUMAR KHAWAS
BAIJNATH RAM
BAL BAHADUR DONG
BAL KRISHAN SABHARWAL

BAL KRISHNA CHAUDHARY
BALJIT KAUR D/O BASANT
SINGH
BASANT KUMAR
CHAUDHARY
BASHANT SHAH
BASHIR RAHMED
BASRUNI DEWAN
BASUDEV SHARMA
BATTERMAH A/P
RENGANATH
BATULI KAMINI
BED PRASAD NIRUALA
BEEJU CHAUDHARY
BEL KACEM IDHMAD
BELBA URAB DHAGAR
BEN MOUSSA NOUZHA
BEVERLY BANAYAT DELIZO
BHABAN SINGH BANIYA
BHADRA BAHADUR SAUD
BHAGAT RAJ BAHADUR
BHAGYA RAM PAIN
BHAKTE GIRI
BHAN SINGH MAHARA
BHARAM BAHADUR SHAHI
BHARAT KUMAR
RAJBANSI

MOLE
BHUPAL GHISING
BHUPAL RAI
BIDHYA BHANDARI
BIDOSH SAH SONAR
BIJAY KHATRI
BIJAYA TAMANG
BIKAS OLI
BIKRAM RAI
BIMAL DANUWAR
BIMAL TAJPURIYA
BIMALA GIRI
BIMLESH KUMAR SAPHI
BINA MAHATO
BINA TAMANG
BINDU SINGH THAKURI
BINDU YOGI
BINOD KUMAR SHARMA
BINOD MAHTO
BINODH GURUNG
BIR BAHADUR BUDHA
BIR BAHADUR DARAI
BIR BAHADUR KHADKA
BIR SINGH THAPA MAGAR
BIREN KUMAR URANW
BIRENDRA PRASAD MAHARA
BIRKHA BAHADUR THAMI
BISHAL NIYONG
BISHAN KUMAR
BISHNU THAKUR
BISHNU BAHADUR GURUNG
BISHNU GHARTI SHREES
BISHNU MAJHI
BISHNU MUKHYA
BISHNU REGMI
BISHNU SEN

DEBENDRA KUMAR RAI
DEBENDRA YADAV
DEEPAK SHARMA LAMSAL
DEV NARAN MAJI
DEVI KUMARI SHAHI
DEVKANT BANTHA
DEVRAJ BHATTARAI
DEWI AK RAJONG
DHAN BAHADUR BHUJEL
DHAN BAHADUR GURUNG
DHAN BHADUR TAMANG
DHAN PRASAD RAI
DHARMENDRA PASI
DHARMENDRA SAH TELI
DHUNIYA MAJD MIYA
DHURB KUMAR KARKI
DIK BAHADUR KHADKA
DIL BAHADUR SUNAR
DILIP KUMAR MANDAL
DILLI BAHADUR THAPA
DILSARA KHATRI
DINESH PARIYAR
DINESH RAM
DIPAK BISTA
DIPAK KHADKO
DIPAK KUMAR YADAV
DIPAK PARIYAR
DIPENDAR KUMAR MANDAL
DIPENDRA KUMAR DANUWAR
DIPENDRA MAHARA
DIPENDRA PUN
DIRGHA BAHADUR THAPA MAGAR
DIWAKAR SHARMA
DLIMI AICHA
DOBAN SINGH ALE MAGAR

DOL RAJ RANABHAT
DOLMA THAMI
DONG CHEI HONG
DOR BAHADUR GHARTI
DUK BAHADUR RAUT
DURAGA DEVI TAMANG
DURGA BAHADUR SARKI
DURGA DHAKAL
DURGA GURUNG
DURGA PRASAD MAHATO
DURGA RAM TAMANG
ELENA
ELIZA GURUNG
ELPERA SILALAHI
ERRIDA NOUHAILA
EVELYN DILLA RAYMUNDO
FAIZAL BIN MOHAMMAD
FATIMA BOUHI
FORHAD ALI
FRIDA BINTI PAWI
GAESH LIMBU
GAN BAHADUR SURPAK
GANESH A/L PERIAN
GANESH BAHADUR BUDHA MAGAR
GANESH BAHADUR SHAHI
GANESH MUKHYA
GANGA RAJ RAI
GANGA SING TAMANG
GAYATRI MUKHIA
GHANASYAM K.C
GOBIND AS THARU
GOBINDA SHRESTHA
GOKULAPALAN A/L BALAKRISHNAN
GOMA BHUSAL GHIMIRE
GON TIEN SENG
GOPAL
GOPAL SHRESTHA
GORKHA BAHADUR LOHAR
GOVIND PRASAD SAH
GOVINDA LIMBU
GRACY PJ
GUPTA MAHESH
GYAN SARI RAI
GYANESHOR GURUNG
GYANU KHADKA
GYANU MAYA TAMANG
HALIM BIN NANYAN
HAMID BIN HUSSAIN
HANADA BATAL
HANUMAN SHARAN MANDAL
HANUMAN SINGH DHAMI
HARI BAHADUR GC
HARI BAHADUR SINGH
HARI CHANDRA ADHIKARI
HARI DEV SAH
HARI KALA GHARTI MAGAR
HARI KUMARI CHHANTYAL
HARI MAGAR
HARI MAN TAMANG
HARISSON ANAK BARAU
HARKA BAHADUR KUNWAR
HARKA RAJ

MANNU BHAR
MANOJ BAHADUR CHAND
MANOJ KUMAR RAI
MANOJ KUMAR SAH
MAREYANA BINTI MUHAMAD
MARIAMMAH A/P SUBRAMANIAM
MARINA SELVI A/P VICTOR
MARIYAM MUHAMMED KAMENG
MARK VINCENT GALVE SALAS
MARY BINTI GUNTALIT
MAYA GHIMIRE
MD ABDUL GAFFAR
MD ABDUL RAHAMAN
MD ARIF
MD JALIL UDDIN GAZI
MD MAMUN MINA
MD RAKIBUL ISLAM
MD SABBIR MAHMUD
MD SHAWON HOSSEN
MD TOFWAL
MEGHRAJ LUITEL
MEGHRAJ KHADKA
MEJAN PARIYAR
MILAN RAI
MIN BAHADUR THAPA
MIN KUMAR SHRESTHA
MINA BHELE
MINA KUMARI MAHATO
MINI ANAK SATUS
MOHAMAD RAHIM BIN GULAMDIN
MOHAMAD SUFFIAN B ISHAK
MOHAMED ABDALLA IBRAHIM
KHALAF
MOHAMED MANSOOR ALI ABDLLAH
MOHAMMAD AKTER HOSSAIN
MOHAMMAD IDRIS B M I
ALMASHRAFE
MOHAMMED SADKI
MOHAN LAL RAJBANSI
MOHAN MAHATO
MOHAN SUBEDI
MOHAN TAMANG
MOHD YUSUF BIN ARIFIN
MON BDR RAI
MONA ABDELAHIM MOHAMMED
ALY
MONA KUMARI RAANA
MOSTAFIZUR
MR DEBINDRA MANDAL
MUHAMMAD AZIZUL FITRI B
ZULKIFLI
MUKESH KUMAR SAH
MUKESH KUMAR SAH
MUKUND RAJ BHATTA
MUNA CHHETRI
MUNA KHADKA
NA MAYA THAPA
NABARAJ WAIBA
NABIN KHAWASH
NABIN RAI
NADIA BINTI LOUSU
NAGENDRA MAJHI
NAEEN KUMARI SAH
NAJAT ZEKRAOUI
NAJWA WALEED AMMAR
NAMBAN SINGH RAI
NAND KUMAR DAS
NANDA KUMARI RAI
NANDA LAL URANW
NANDA RAJ CHHETRI
NANDARAJ GURUNG
NANG HTAMUNG
NANI MAIYA KAWA
NANNEY@JESICCA
NAR BAHADUR GURUNG
NAR BAHADUR KHATRI
NAR BAHADUR DAMAI
NARAYAN BAHADUR CHHETRI
NARAYAN GYAWALI
NARENDR KUMAR SHRESTHA
NARESH KUMAR MAHATO
NARESH KUMAR MANDAL

NARVINDRAN A/L GANESAN
NAVIN KUMAR PASWAN
NETRA BAHADUR BHUJEL
NETRA KUMARI SHRESTHA
NG MING YUAN
NG YAN LING
NIMRAJ DANGI
NIPU KUMAR CHAUDHARI
NIRIYA RISHIDEV
NIRJALA TAMANG
NIRMALA PURI
NOORAZMI B ABU HASSAN
NOORTAN KAMAL B MOHAMAD
NOR ANISA BT NADZRI
NOR SUHAILI BINTI A RAHMAN
NORHAIYATI BINTI ABU HASSAN
NORMAZIEDAH BINTI ISMAIL
NOTHING MALLA
NUAM SUI
NUR HAMIMAH BINTI HAMDAN
OM BAHADUR KUNWAR
OM BAHADUR MAGAR
OM PRAKASH KHADGA
OM PRAKASH PATEL
OM PRAKASH YADAV
OMAR FARUK
PABI MAYA RAI
PABITRA DAHAL
PABITRA KUMARI PARIYAR
PABITRA THARU THANET
PADAM BAHADUR BISHOKARMA
PADAM BAHADUR KHATRI
PADAM THAKURI
PALANIAPPAN AL M SINNAPAN
PANCHE TAMANG
PARABATA SUBEBI POUDEL
PARAMASVARI A/P SKRISHNAN
PARAMESIVEN A/L KALIMUTHU
PARAMESWARI PANDURENGAM
PARBATA LIMBU
PARIYAR RUP LAL
PARTIMA BHULAN
PASANG NIMA SHERPA
PASWAN RAM BABU
PATRICIA DIANA JOSEPH
PAUL THAPA
PAWAN BAHADUR KHADKA
PAWAN KUMAR BADHAI
PHUA AH LAN
PHULGEN CHAUDHARI
PHURBA TCHIRING TAMANG
PHURPA PASANG GHALE
PON AMAR SING
PRABHU PRASAD MEHTA
PRABIN KHATRI
PRABIN TAMANG
PRABIND CHAUDHARY
PRAKASH PARIYAR
PRAKASH SYANGBO
PRAMESHWAR MANDAL
PRASHANA RAI
PREM BAHADUR
PREM BAHADUR BANIYA
PREM BAHADUR KUNWAR
PREM BAHADUR RAI
PREM BAHADUR THAPA
PREM KUMAR BOMJAN
PREM LAL MAHATO
PRITAM GURUNG
PUNYA CHAPAGAIN
PURNA ADHIKARI
PURNA BAHADUR LIMBU
PURNA BAHADUR TAMANG
PURNA BAHADUR THING
PURNI MAYA GHALLEY
PUSHPA SHRISH
PUSTA BAHADUR MAGAR
QAYS AHMED MOHAMED ALI
RKAMALA A/P RAMASAMY
RAAD A M AL MUDARES
RABIAH BINTI RAMLI

RABINDRA BASNET
RAGHUNATH CHAUDHARY
RAI MADAN SINGH
RAJ KUMAR DARJI
RAJ KUMAR JOSHI
RAJ KUMAR NAGARKOTI
RAJ KUMAR RAI
RAJ KUMAR SHRESTHA
RAJ KUMAR YADAV
RAJAN A/L CHINNAH
RAJARAM RAJAK
RAJE SAH LAHERI
RAJENDRA BAHADUR KHATRI
RAJENDRA POUDEL
RAJENDRA PRASAD SHAH
RAJESH DIVAKAR
RAJINDRA MANDAL
RAJKUMAR MASKEY
RAJU DIMDUD
RAJU MURMUR
RAJULA RAI
RAKESH RAI
RAKESH THING
RAM ASHRY MAHATO
RAM BAHADUR BK
RAM BAHADUR GURUNG
RAM BAHADUR KARKI
RAM BAHADUR LIMBU
RAM BAHADUR RANA MAGAR
RAM BDR SUBBA
RAM EKWAH MAHATO
RAM JIBAN THAKUR BHRAHI
RAM JOKHAN YADAV
RAM KUMAR CHETRI
RAM KUMAR PASWAN
RAM KUMARI SHRESTHA
RAM KUMARI CHAUDHARY
RAM NATH CHEPANG
RAM PRASAD NEMBANG
RAM SUSHIL YADAV
RAMAN RAM
RAMDEV MEHTA
RAMESH DHAKAL
RAMESH KUMAR YADAV
RAMESH TAMANG
RAMESH THAPA
RAMESH TWATI
RAMGIR RAY
RAMILA SUVAL
RAMJALAN YADAV
RAMU MANDAL
RAN BAHADUR KHATRI
RANA MAGAR YUBRAJ
RANA RAM SINGH
RANGABIR BK
RANJIT ALE
RANJIT CHAUDHARY
RANJIT PANDIT
RASHID HARUNUR
RAY YADAV
REGBAHADUR GHARTI KSHETRI
RENALYN NAKAMURA
RESHMA PALIKHEL MASKEY
RIM BAHADUR KHADKA
RISHIRAJ ADHIKARI
RITA DEVI THAPA
RITA GIRI
RITA KHATRI
RITU TAMANG
ROBIYAH BINTI ILYAS
ROHANI BT AHMAD
ROJ MAHAMAD ANSARI
ROSA L. EPONG
ROSALYN GARAN
ROSH CHUWAN
ROSHAN KUMAR SAH
ROSHAN RAI
ROSLILA CHE ISA
ROSLINE BINTI ALIBASA
ROSNAH BIBI BINTI ANNOR BACK
RUPA RAI
RUPAN KHATRI

S. PUMALAI A/P SAMINATHAN
SABIN KUMAR YADAV
SABIN TAPMADEN LIMBU
SABITRA B.C.
SABITRA MISHRA
SACHENDRA RAI
SADHURAM SHRESTHA
SAGUN KHADKA
SAH RAMCHANDRA
SAHAJAN HOSSAIN
SAILA GURUNG
SAILESH MOKTAN
SAILI TAMANG
SAJESH BK
SALAUDIN SHEKH
SAMARPAN WAIBA
SAMI ALFARAJ
SAMIR BAJAIN
SAMITA GIRI
SAMITA PRAJAPATI
SAMJHANA SYANTAN
SAN MAN GURUNG
SAN SAN WIN
SAN YUEN CHING
SANAM SUWARI
SANCHA MAYA LIMBOO
SANDESH TAMANG
SANDESH TAMANG
SANDHYA BOHAJU
SANDHYA LAWATI
SANDIP SUNAR
SANGITA LOPCHAN
SANGITA THAPA MAGAR
SANJAY GURUNG
SANJAY MAHARA
SANJITA SINGTAN
SANJU TAMANG
SANTI MAYA LAMA
SANTOSH BHATTA
SANTOSH GOSAI
SANTOSH KUMAR CHAUDHARY
SANTOSH LIMBU
SANTOSH RAI
SANU DEVI RAI
SANUBHAKTA TAMANG
SAPANA GHISING
SAPANA GURUNG
SARASWATHY A/P MARIMUTHU
SARASWATI BISHWAKARMA
SARAVANAN A/L NARANASAMY
SARBATI THAPA MAGAR
SARITA UPADHAYA
SAROJ ADHIKARI
SAROJ KUMAR CHAUDHARY
SAROJ KUMAR MANDAL
SAROJ KUMAR RAM
SAROJ RAI
SAROJ SHAKYA
SATASIVAM A/L SIDAMPARAM
SAUKHI LAL MUKHIYA MALAH
SAW HTAY AUNG
SEBAA WAHIBA
SHA BAHADUR PRADHAN
SHAMBHU DHAMI
SHANGKARI A/P MANOKARAN
SHANMUGA SUNDARY D/O
SANTOKH SINGH
SHANTA DEVI KUWAR
SHANTARAM KAMI
SHANTI A/P R. NADESAN @
MUNIANDY
SHARADA PRASAD NIROULA
SHARAN HANG JABEGU
SHARMILA TAMANG
SHER BAHADUR KHAMCHA
SHERJANG BK
SHERLY SOON
SHESH NARAYAN MAHATO
SHOBHA RAI
SHOVA KUNWAR
SHREE PRASAD
SHREE RAM RANA

SHRIS TUL BAHADUR
SHUKU TAMANG
SHYAM KUMAR LAMICHHANE
SHYAM PRASAD NEUPANE
SHYAMRAJ NEPALI
SIDDHA SINGH AYER
SIMA THAPA MAGAR
SIMMON GURUNG
SITA OLI
SITA RANA
SITA SHRESTHA
SITHRA DEVI A/P SANTOKH
SINGH
SITI FATIMAH BINTI MOHAMED
HANIFAH
SITI KHADIJAH BINTI ABDUL
LATIF
SITI RAKNOR BINTI MOHD DAUD
SITI RODHIAH BT MOHD ABAS
SIVALACHUMI A/P KRISHNAN
SLIMANI SAIDA
SOM BAHADUR BISWAKARMA
SOM BAHADUR TAMANG
SOMAYA TAHERA
SOMSI A/P SING
SONAM ZANGMO
SOUAD SEBAA BENT BOULARES
SRI LATHA NB
STHAMIZHARASI AEZHILAN
SU SHIN
SUBASH K.C.
SUBASH THAPA MAGAR
SUBRAMANIAM A/L ARUMUGAM
SUDARSHAN THAPA MAGAR
SUDIP BK
SUDIP JIMBA
SUDIPBABU KHATIWADA
SUJAN CHHETRI
SUJAN KARKI
SUJAY MAHATO
SUJIIKA RAI
SUK BAHADUR GHALLEY
SUKUMARAN A/L MANICKAM
SUKURAM TAMANG
SULOCHANAS SULU
SUMIT MAGAR
SUNDAR SIN PAKHRIN
SUNDRA SEKARAN A/L

NARAYANAN
SUNITA BUDHA
SUNITA KHANAL
SUNITA LIMBU
SUNITA MAGAR
SUNUWAR TANKA KUMAR
SURAJ BISTA
SURAJ DAS
SURAJ KUMARI LAWATI
SURAJ PUN
SURBIR STAPHIT
SURENDRA BUDHAKI
SURENDRA PRASAD YADAV
SURENDRA TAMLI
SURESH BAHADUR KUMAL
SURESH BUDHA
SURESH KUMAR CHAUDHRY
SURESH KUMAR TAMANG
SURESH MUKUYIYA
SURESH RAM LOHAR
SURIAMALA A/P SANJEWI
SURYA KUMAR SHAHI
SURYA PRASHAD NEUPANE
SURYALAXMI BISHWAKARMA
SUSAN DELA CRUZ
SUSHIL BK
SUSHILA LOPCHAN
SUSILA ADHIKARI
SUSMA TAMANG
SUSMITA KC
SUVAIAN A/L AI WOON
SUZAN YOSRY MAHMOUD
SUZANA RADZI
SYED JAMILUL HISAM B SYED
ABDUL RANI
TAK BAHADUR PULAMI MAGAR
TAK MAYA RAMJALI
TAN CHAI FOONG
TAN SENG YAW
TAN YEW PONG
TANG LING CHUA
TANK BAHADUR REULE
TANKA LAL THING
TASARRA DONNA
TEJ BAHADUR BASNET
TEJ BAHADUR GURUNG
TEJ BAHADUR KC
TEJ BAHADUR LAWATI

TEJENDRA SUNAR
TEK BAHADUR BUDHA MAGAR
TEK BAHADUR KUSHARI
TEK PRASAD SUBEDI
TEKENDRA PAUDEL
TENING ANAK POREN
THING SUN BAHADUR
THIVIYAH
TIKA ADHIKARI
TIKA RAM MAHATO
TILAK BAHADUR K C
TILAK BAHADUR SYANGTAN
TOFA KUMARI SHRESTHA
TSHERING DOLMA SHERPA
TULARAM MAHATO
TULASARI RAI
TULASI GHALLEY
TULASI RAM LIMBU
TULSI MAYA SUWAL
TULSI PRASAD KHANAL
UBARAJ PAUDEL
UDAYA BAHADUR POKHREL
UMA SANJEEV SAPKOTA
UMA SHRESTHA
UMESH SAHANI
UMESH THING
UMESHKUMAR YADAV
UPENDRA MAHARA
URMILA GOLE
URMILA KUMARI MAGAR
USHA DEVI KARUPPIAH
VATHANA A/P M
CHANDRASEGARAN
VIKNESW A/L VIJAYAKUMAR
VIRGINIA TANGARO CASTILLON
WALINDAR THAKUR
WEE MUN YEE
WONG CHEOK LUP
WONG CHOON SEAN
RAI KHESH MAYA
PANCHA MAYA LIMBU
RAI KHESH MAYA
SANU RAI
WANEM LIMBU KAUSILA

YAM BAHADUR PANDEY
YAM BAHADUR SHRESTHA
YAM BAHADUR SINJALI
YAM KALA ADHIKARI POKHREL
YAM KUMAR YADAV
YAMKALA PANDEY BHATTARAI
YANGZIN SHELDEN RAI
YANKAR SINGH CHUDHARY
YASMINE MAHMOUDHAWILO
YAU WAI WAH
YE THU LIN
YEN YIN KIM
YEON HUI CHING
YESH KUMAR THAPA
YOG BAHADUR
YU SING CHOW
YUBA RAJ RAI
YUBRAJ RAI
YUSNIDA BINTI MOHD YUSOFF
YUVANESWARY A/P
NEELAMEGAM
YUWA RAJ SHRESTHA
ZAHRA QORBANI
ZAINAB BINTI TAIB
ZUHAL
ZUNAIDAH BINTI TAWAB

HONG KONG

AITA MAYA LIMBU
ILUNA PANDEY
LAI OI YAN
LAU LIN KUEN
RAI SANJIV
RAI JAGINDRA
PANCHA MAYA LIMBU
RAI KHESH MAYA
PANCHA MAYA LIMBU
RAI KHESH MAYA
SANU RAI
WANEM LIMBU KAUSILA

9 Golden Digits Enriching My Life

I am **Khorshed Alam**, a Bangladeshi expatriate who had come to the Kingdom of Saudi Arabia long ago with a head full of dreams. My life had been going on in a slow pace like any other expatriate with a salary-to-salary living style. My dreams were diminishing and my responsibilities were rising day by day. I had been searching in the dark tunnel of life for a ray of hope. In 2006, I saw the sparkling ray of light at the end of the tunnel. That guiding light was emitting from the lighthouse of DXN, which eventually brought me out of the tunnel of agony into the bright valley of prosperity.

DXN had come to my life through one of my friends. I was at first complacent after listening to his explanation about the product and system but when I visited the DXN outlet for the first time, I realized that the potential and value of DXN is much more dynamic than what he had explained. I could see a veritable array of people who hailed from different countries and different cultures across the globe. They were buzzing around with extreme content and amazing positivity. Without a second thought, I immediately registered as a DXN Member.

Since then, the 9 Golden Digits of my Membership ID have been constantly enriching my life with abundant prosperity and astonishing improvement. Recently, I achieved the dream target of becoming a DXN Crown Ambassador. I am thankful to my Upline who had shown me the way and my Downlines who are my strength. Achieving the ultimate status of Crown Ambassador had made me more responsible now to spread the message of DXN to more and more individuals. Hence I continue this blessed mission of transforming personalities across the Globe with more energy and enthusiasm.

See you at the top!



CROWN AMBASSADOR

9位黄金数字使我的人生充实而丰富多彩

我是 **Khorshed Alam**, 是一名在很久之前带着梦想离开家乡到沙地阿拉伯王国工作的孟加拉人。我的生活节奏缓慢,就像其他外籍人士一样,过着按劳分配的生活。我的梦想离我越来越远,而我的责任越来越大。我一直盼望能有光明划破黑暗。最终在2006年,我看到了黑暗隧道尽头的一线光芒。而德信就是那一座灯塔,在黑暗中给予了我一盏指路明灯,指引我走出黑暗痛苦的隧道,照亮了我人生的方向。

我加入德信是通过一位朋友的介绍。在听了他对产品和系统的解释后,我起初感到有些自满,但当我第一次参观德信分行后,我意识到德信的潜力和价值远比他所解释的更具动态性。我亦看到一群来自世界各地不同国家和不同文化的人,他们积极进取,为直销做了充分准备,四处奔走。我二话不说,立即注册成为德信的一份子。

从那刻起,我会员卡号上那幸运的9位黄金数字使我的人生充实而丰富多彩,在直销行业中更能说是发展神速。然而最近,我实现了我的梦想,成为德信的皇冠大使。我衷心感谢上线为我指引方向,下线给予我的动力。成功是一种使命,皇冠大使的荣誉使我更有魄力和热情地传播德信信息至更多的人。于是,我投入更多的精力来延续这份神圣的责任和使命,让全球人民都受益。

我们顶峰见!

9 Digit memberikan kejayaan dan kemajuan

Nama saya **Khorshed Alam**, seorang warganegara Bangladesh yang telah berpindah ke Arab Saudi dengan membawa impian yang besar. Kehidupan saya pada mulanya agak sederhana memandangkan saya terpaksa bergantung hidup kepada gaji saya. Impian saya semakin kabur dah tanggungjawab saya semakin berat. Saya mencari sinar cahaya di dalam kegelapan. Pada tahun 2006, saya telah mendapat cahaya petunjuknya. Cahaya petunjuk tersebut adalah DXN, yang akhirnya telah membawa saya ke lembah kejayaan.

DXN muncul dalam kehidupan saya melalui salah seorang rakan saya. Saya teragak-agak selepas mendengar penjelasan dari beliau mengenai produk dan sistem pada mulanya tetapi apabila saya melawat sebuah cawangan DXN buat pertama kali, saya mula sedar mengenai potensi dan nilai DXN yang lebih dinamik dari apa yang telah dijelaskan oleh beliau. Saya dapat menggambarkan manusia yang datang dari seluruh pelusuk dunia dan mereka berada dalam keadaan yang sangat gembira dan positif. Tanpa berfikir panjang, saya terus mendaftar sebagai seorang ahli DXN.

Sejak daripada itu, 9 digit yang tertera pada kod keahlian saya telah sentiasa memberikan kejayaan dan kemajuan kepada kehidupan saya. Baru-baru ini, saya telah berjaya mencapai impian saya iaitu untuk menjadi seorang Duta Mahkota DXN. Saya amat berterima kasih kepada ahli atasan saya yang telah memberi dan menunjukkan jalan kepada saya serta tidak dilupakan kepada ahli bawahan saya yang merupakan kekuatan saya. Mencapai status tertinggi Duta Mahkota telah membuatkan saya merasa lebih bertanggungjawab untuk menyebarkan pesanan mengenai DXN kepada lebih ramai orang di luar sana. Oleh itu, saya akan meneruskan lagi misi ini bagi membantu mengubah lebih ramai manusia di seluruh dunia supaya lebih bertenaga dan bersemangat.

Jumpa anda di puncak kejayaan!

01

DXN Achievers Rally Northern Zone

To recognize DXN Northern Zone Star Agent and Star Ruby achievers.



Breakthrough with DXN

02

Seminar conducted to motivate our members and prepare them for further advancement.



Halal Fiesta Jakim (HALFEST Jakim)



03

DXN participated in the Halal Fiesta Jakim (HALFEST Jakim) hosted by the Prime Minister's Department with Jakim and the Federal Territories Islamic Religious Council (MAIWP) from 4 - 8 September 2019 at the Mines Exhibition Centre (MIECC), Kuala Lumpur.

04

DXN Bangladeshi Gathering

An event for DXN Bangladeshi distributors in Malaysia.



Fermented Drink for a Healthier You

发酵饮品还您健康身躯

Minuman Fermentasi untuk Kesihatan yang Lebih Baik

The 21st century has seen a significant huge amount of people who are generally aware on the importance of maintaining a healthy lifestyle. Given that one of the methods to achieve that goal is to eat and drink healthily, more people are resorting to consuming functional foods.

Functional foods are typically food that contain naturally occurring or added nutrients such as vitamins, minerals, prebiotics or probiotics which serve specific functional purposes. Functional foods have been revered by many as one of the key to a healthy lifestyle, so much so that the market has become a billion-dollar market in several overseas countries. So we can see that the demand for functional foods is growing exponentially with time and we should keep up with the trend too. "But where do I start?", you ask. Well, fermented beverages, a type of functional food, has been gaining traction with the masses lately.

Fermented beverages are beverages that have undergone fermentation process in order to enhance its nutritional value. Since time immemorial, people have been producing fermented beverages in order to increase their shelf life but it is not until recently that people have rediscovered the inherent benefits that are naturally provided through the natural fermentation process of these beverages.

Forget sugary and potentially unhealthy carbonated drinks or colourful syrups. Fermented beverages are the new talk of the town! With growing interest of consumers in fermented beverages, food & beverage industries are tirelessly working on innovative approaches to develop the ultimate beverage which combines the healthy goodness of fermented beverage while still maintaining the wonderful fruity flavours of fruit juice that everyone adores. The result is fermented flavoured beverages which are both refreshing and healthy. A truly guilt-free masterpiece of the food and beverage world which can be enjoyed anytime and anywhere.

As the needs of consumers are varied, food and beverages industries have offered various types of flavoured fermented drinks with accompanying health benefits

by adding other ingredients such as Ganoderma mushroom, Mulberry, Noni, etc. in their unique formulation. Apart from enjoying the benefits, these fermented drinks/beverages will definitely be more attractive and impart a special taste and aroma which will awaken your taste bud.

Now that you know the goodness of fermented beverages, you should start your journey to improve your health and general well-being as the saying goes: "A journey of a thousand miles begins with a single step".

进入崭新的二十一世纪,越来越多的人意识到了生命的脆弱并渴望健康,人们的健康意识空前高涨,健康的生活方式已成为人们最为关心的热点之一。良好的饮食习惯是改善健康的方法之一,因此,越来越多人选择食用功能性食品以改善健康。

功能性食品 (Functional foods) 是指具有特定营养保健功能的食品,一般含有天然或具有特定功能的营养成分食品,如维生素、矿物质和益生菌或益菌生。如今,功能性食品已被许多人列为健康生活方式的关键之一,以至于在一些海外国家,功能性食品已是一个价值数十亿美元的市场。由此可见,功能食品的需求随着时间呈指数增长,所以我们也务必跟上趋势。“但是如果您问我该如何开始呢?”。嗯,那就从发酵饮品开始吧,它也是一种功能性食品,而在最近已被悄悄地受到大众的关注。

发酵饮品是通过微生物发酵配制而成,经过微生物作用制得的发酵饮品,营养价值大为提高。自古以来,人们制成的发酵饮品,是为了能够通过发酵延长饮料的保质期,但直到最近,人们才发现,在发酵饮品自然发酵过程中,能够产生自然的健康益处。

把含有糖份、有害健康的碳酸饮料或五颜六色的糖浆通通忘掉吧。被受青睐的发酵饮品正是当今饮料行业的新宠!随着发酵饮品逐渐被消费者作为营养

饮品的标杆,饮食业正在不懈地努力探索创新的方法,以研发出一种结合发酵和健康益处的终极饮料,同时亦保持着每个人都喜爱的水果味。最终,不负众望,研发了一款别有一番风味的发酵饮品,既健康又清爽,从此人们即可随时随地享用这款健康元素满满的发酵饮品。

由于消费需求呈现出多样化,因此,饮食业提供了多种风味并具有健康效益的发酵饮品,在其独特的配方中加入灵芝、桑椹、诺丽等其他成分。除了能够享受这些好处以外,这款极具吸引的发酵饮品所赋予的淡淡的幽香和极其出色的口感,将唤醒您的每一个味蕾。

既然您已知晓了发酵饮品的好处,即可开始您的健康之旅吧,正如俗话所说:“千里之行,始于足下。”



What benefits do these fermented beverages confer that have made it so popular? It is widely believed that the primary reason for the health benefits of these fermented beverages is due to the presence of live microorganisms (good bacteria) during the fermentation process [1]. These live microorganisms such as probiotics may help to:

- * Improve digestive health by alleviating some digestive disorder like diarrhea [2].
- * Improve heart health by modestly reducing blood pressure [3][4], and cholesterol [5].
- * Strengthen immune system by the produced/increased vitamins content [6][7][8].

Apakah kebaikan minuman fermentasi ini yang menjadikannya amat terkenal? Faktor utamanya adalah faedah kepada kesihatan yang disebabkan oleh mikroorganisma hidup yang wujud ketika proses penapaian [1]. Mikroorganisma hidup seperti probiotik dapat membantu:

- * Memperbaiki kesihatan pencernaan dengan mengurangkan penyakit yang berkaitan dengan pencernaan seperti cirir-birit [2].
- * Memperbaiki kesihatan jantung dengan mengurangkan tekanan [3][4] dan kolesterol [5].
- * Sistem imunisasi dikuatkan oleh kandungan vitamin yang dihasilkan/dipertingkatkan [6][7][8].

Abad ke-21 telah menyaksikan semakin ramai manusia sedar mengenai kepentingan mengekalkan gaya hidup sihat. Memandangkan salah satu cara untuk mencapai gaya hidup sihat adalah dengan makan secara sihat, lebih ramai yang mula mengamalkan makan makanan fungsian.

Makanan fungsian adalah makanan yang secara semula jadi mengandungi nutrien seperti vitamin, mineral, prebiotik atau probiotik yang membantu memberikan fungsi yang tertentu. Makanan fungsian telah diangkat sebagai salah satu daripada kunci kepada gaya hidup yang

sihat, sehingga pasar makanan fungsian kini telah bernilai berbilion dollar di beberapa buah negara luar. Jadi, dapat dilihat bahawa permintaan kepada makanan fungsian semakin meningkat dan kita juga seharusnya mengikuti trend ini. Tetapi soalan yang sering diajukan adalah "Bagaimana saya mulakan?". Jawapannya adalah minuman fermentasi, sejenis makanan fungsian yang sedang mendapat tempat di kalangan pengguna.

Minuman fungsian adalah minuman yang telah melalui proses penapaian bagi meningkatkan khasiatnya. Sejak dari dahulu lagi, minuman fermentasi telah dihasilkan bagi membolehkan ianya disimpan dengan lama tetapi baru sekarang khasiat semula jadi yang ada pada minuman fermentasi ini ditemui setelah melalui proses penapaian. Lupukan minuman bergula, bergas dan berwarna-warni yang tidak sihat. Minuman fermentasi adalah minuman yang sedang meningkat terkenal! Dengan semakin ramai pengguna yang berminat inovatif bagi mencipta minuman yang

menggabungkan kebaikan dari minuman fermentasi dan dalam masa yang sama, masih mengekalkan rasa jus buah-buahan yang disukai ramai. Ini menghasilkan rasa yang segar lagi menyihatkan. Satu ciptaan dalam dunia makanan dan minuman yang boleh dinikmati pada bila-bila masa, di mana jua.

Dengan keperluan pengguna yang berbeza, industri makanan dan minuman telah menawarkan pelbagai jenis minuman fermentasi yang mengandungi pelbagai kebaikan kepada kesihatan dengan menambahkan bahan-bahan lain seperti Ganoderma, Mulberi, Mengkudu dan lain-lain lagi ke dalam formula uniknya. Selain daripada menikmati kelebihan ini, minuman fermentasi ini juga akan menjadi lebih menarik dan memberikan rasa dan aroma yang akan membantikkan deria rasa anda.

Setelah mengetahui mengenai kebaikan minuman fermentasi, anda patut mulakan perjalanan anda untuk mendapatkan kesihatan yang lebih sihat, selari dengan kata-kata: "Perjalanan beribu batu bermula dengan langkah pertama".

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为何发酵饮品倍受青睐?发酵饮品拥有哪些益处呢?
人们普遍地认为,这些发酵饮品对健康有益的主要原因是发酵过程中所存活的微生物(有益菌)。这些活微生物,如益生菌,有助于:

- * 通过减轻消化系统疾病如腹泻,以增强消化系统健康[2]。
- * 适度降低血压[3][4],和胆固醇[5]以增强心脏健康。
- * 提高维生素含量以增强免疫系统[6][7][8]。





FIGHT THE BITE PERANGI NYAMUK 消灭蚊虫

Mosquito bites usually cause small red bumps on skin that make us itch. These itchy bumps will go away in a few days and usually will not cause any lasting harm. However, being bitten by mosquitoes could be dangerous as these tiny creatures could spread diseases that can be fatal to humans such as dengue, malaria, Chikungunya, yellow fever, encephalitis and Zika virus disease. Male mosquitoes feed on nectar from flowers (so they are generally harmless) while female mosquitoes feed on both nectar and blood as their food sources which are essential for them to produce eggs.

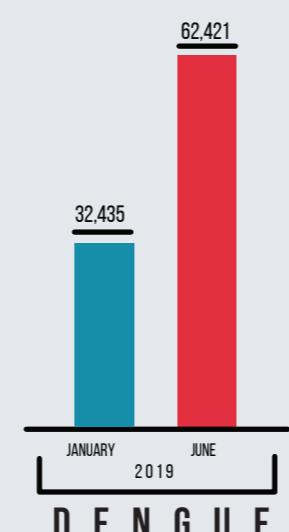
In Malaysia, dengue cases are severely increasing recently. As of January 1st to June 29th this year, a total of 62,421 dengue cases were reported compared to 32,435 cases during the same period of last year. Realizing the fact that the diseases are transmitted by the bites of these tiny flying insects, we should protect ourselves and our families by taking the following actions :

在被蚊子叮咬后，皮肤通常会呈现出小红疙瘩，引起皮肤发痒。而这些发痒的疙瘩将会在几天内消失，通常不会造成任何持久的伤害。然而，蚊子是危险的，很可能叮出大毛病，因为这些微小的生物可能传播对人类致命的疾病，如登革热、疟疾、基孔肯雅热、黄热病、脑炎和兹卡病毒感染症。雄性蚊子以吸食植物的汁液作为食物（所以通常是无害的），而雌性蚊子则以吸食植物的汁液和血液作为食物，他们吸食血液的原因主要是为了从中获取更多的养分进行育卵产卵。

马来西亚登革热病例最近大幅度上升。截至今年1月1日至6月29日，登革热病例总数为62,421例，而去年同期为32,435例，上升一倍。登革热是由蚊子所携带的病毒引起的，所以我们应该采取以下行动保护自己和家人：

Gigitan nyamuk kebiasaannya menyebabkan bintik-bintik merah pada kulit yang menggatalkan. Bintik ini akan hilang dalam masa beberapa hari dan selalunya tidak menyebabkan kesan yang bahaya. Walau bagaimanapun, gigitan nyamuk boleh membahayakan kerana nyamuk boleh menyebarkan penyakit berbahaya seperti denggi, malaria, Chikungunya, demam kuning, encephalitis dan penyakit dari virus Zika. Nyamuk jantan menjadikan madu sebagai sumber makanan utama mereka (yang menjadikan mereka tidak merbahaya) manakala nyamuk betina menjadikan madu dan darah sebagai makanan utama yang penting dalam membantu mereka bertelur.

Di Malaysia, kes denggi meningkat dengan mendak akhir-akhir ini. Dari 1 Januari hingga 29 Jun tahun ini, sebanyak 62,421 kes denggi telah dilaporkan berbanding 32,435 kes dalam tempoh yang sama pada tahun lalu. Menyedari bahawa penyakit ini disebarluaskan oleh nyamuk, kita perlu melindungi diri sendiri dan keluarga dengan mengambil langkah-langkah berikut:



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Precautions 预防措施 Langkah-langkah PENCEGAHAN

01 Use insect repellent

Prevent and kill mosquitoes by spraying insect repellent in the bedroom, ceiling and inaccessible area such as under the table, behind the couch and under the stairs. Choose an insect repellent with effective active ingredient like Metofluthrin. Don't forget to bring insect repellent while conducting outdoor activities such as camping and barbecue.

02 Eliminate mosquito habitats

Pour out stagnant water from buckets that are left outside and turn unused buckets upside down. Change the water in potted plant trays, fountains and swimming pools once a week. You may also use Abate in the stagnant water which can effectively kill the mosquito larvae.

03 Plan your activities and vacation

Avoid visiting places where mosquito-borne disease warning is in effect. Stay indoors whenever possible and limit your activities during dusk and dawn.

04 Sleep under mosquito net

Protect yourselves against the little mosquito by using mosquito net at home. Check the entire mosquito net to make sure it does not have holes that will allow mosquitoes to enter

05 Wear light-coloured clothing, especially outdoors

Wear suitable and light-coloured clothing, especially when you are outside. Avoid wearing dark-coloured clothing that can attract mosquitoes to get closer to you. It is also advisable to wear light-coloured, thick fabric and long-sleeved shirt with long pants to protect your skin from being exposed to mosquitoes.

01 使用驱蚊剂

以预防和杀灭蚊虫，可在卧室、天花板、桌下、沙发后、楼梯下等不易接近的地方喷洒驱蚊剂，并且选择含有美特宁等有效活性成分的驱蚊剂。在进行户外活动，例如露营或烧烤时，切记带上驱蚊剂。

02 消灭蚊子的栖息地

蚊虫能孳生在任何有积水的容器和有水的地方，切记把桶外的积水倒掉并且把不使用的桶清洗干净后倒扣过来。建议每周更换一次盆栽植物托盘中的水、喷泉和泳池。除此之外，您亦可在积水中使用消毒剂，可有效杀灭蚊幼虫。

03 计划您的假期活动

建议时刻注意旅游警告，避免前往蚊媒疾病的地方旅行。尽可能呆在室内，尤其是黄昏到黎明期间，尽量避免在蚊子最活跃的时候进行室外活动。

04 使用蚊帐

建议在家里使用蚊帐保护自己免受小蚊子的叮咬。使用时切记检查蚊帐有无漏缝并确保没有让蚊子进入帐里。

05 在外出的时候穿上浅色衣服

建议您在户外的时候，尽可能穿上合适的浅色衣服。请勿穿上蚊子最爱追逐的深色衣服。此外，建议穿上浅色并且较厚实的长袖衬衫及长裤，以免皮肤被蚊子叮咬。

01 Menggunakan semburan penghalau serangga

Cegah dan bunuh nyamuk dengan menyembur penghalau serangga di dalam bilik tidur, siling dan kawasan yang tidak dapat dicapai seperti bawah meja, belakang kerusi dan di bawah tangga. Pilih penghalau serangga yang mengandungi bahan aktif seperti Metofluthrin. Jangan lupa membawa penghalau serangga apabila melakukan aktiviti luar seperti berkhemah dan barbeku.

02 Hapuskan habitat nyamuk

Tuang air yang bertakung dari dalam baldi yang dibiarakan di luar dan telangkupkannya. Tukar air pada pelapik pasu, air pancut dan kolam renang sekali seminggu. Anda juga boleh menggunakan serbuk Abate yang diletakkan ke dalam air yang bertakung yang boleh membunuh jejentic nyamuk dengan berkesan.

03 Rancang aktiviti dan percutian anda

Elakkan dari melawat tempat-tempat yang berisiko sebagai kawasan pembiakan nyamuk. Jika tiada keperluan untuk keluar, duduk di dalam rumah dan hadkan aktiviti anda pada waktu awal pagi dan senja.

04 Tidur di dalam kelambu

Lindungi diri anda dari nyamuk dengan menggunakan kelambu nyamuk di rumah. Periksa keseluruhan kelambu nyamuk bagi memastikan tiada lubang atau ruang untuk nyamuk masuk.

05 Pakai pakaian yang berwarna terang, terutama apabila berada di luar.

Pakai pakaian yang berwarna terang terutamanya ketika anda berada di luar rumah. Elakkan dari memakai pakaian yang berwarna gelap yang boleh menarik nyamuk untuk mendekati anda. Ianya juga digalakkan untuk anda memakai baju yang berwarna terang, tebal dan berlengan panjang dengan seluar panjang bagi melindungi kulit anda dari terdedah kepada nyamuk.

According to the World Health Organization, in 2012, dengue, named as the most mosquito-borne viral disease in the world, has made a huge impact towards the human population and health system. Let us take the initiative to practise the above steps to reduce the risks from these dangerous flying insects.



Together, we can
FIGHT THE BITE!

据世界卫生组织统计，2012年登革热被列为世界上最常见的蚊媒病毒感染，对人类的生活和卫生系统产生了巨大影响。我们一起采取以上的预防措施，以减低被危险蚊虫叮咬的风险。



**消灭蚊虫，
人人有责！**

**Bersama, kita
perangi nyamuk!**



CROWN AMBASSADOR

“How a Working-Student became a Multi-Millionaire?”

"Cowards never start; the weak never finish; and winners never quit." Markwin L. Lopez, a well-known Filipino wealth educator, international speaker and direct selling guru, became a young multi-millionaire through living by these three sentences. Born in a less fortunate family, Lopez worked really hard and endured countless sleepless nights, rejections and discouragements, to be where he is now. He started with earning only P500 per week, then became a millionaire when he was 25 years old. And for more than a decade now, Lopez has been earning a 6-digit monthly residual income - with no Bundy clock, without any quota, and without a boss. Now that he's 37 years old, he owns three cars, a house and lot, and several condominium units because of making money out of his combined passion for good health, direct selling and education. He has also toured across Europe, USA, China, UAE, Egypt, Australia and other Asian countries. His own group named Crown of the Radiant Empire (CORE) is one of the longest and biggest groups from his affiliated direct selling company, DXN International Private, Ltd.

Climbing Up the Ladder

"I don't regret being born poor and I don't blame my parents for the life we [used to] have. It's an instrument of God. It helped me make people understand their situation today and the bright future ahead of them," Lopez said. Before being a direct selling expert, Lopez had already proven that he was born to break records, to become victorious and to inspire others with his success. His father died early due to Diabetes so he had no choice but to finance his own education. He served as a janitor in a mall, became a messenger, a service crew in a fast food chain, and



Markwin Lopez & Jonalyn Lopez

a cinema checker - going home around 2a.m. and waking up after a few hours to attend his 7a.m. classes. Due to lack of sleep, his classmates used to laugh at him for being mentally absent in class. Yet, nothing has stopped him from reaching his dreams. He gained a degree in BS Secondary Education and was able to teach high school students in St. James College and New Era High School for a few years.

The Direct Selling Journey

Lopez just started his Master's degree when he learned about the direct selling business. He realized that he had a big potential in direct selling so he decided to resign from teaching. As the breadwinner, his mom discouraged him from resigning. His friends, colleagues, relatives and co-teachers even mocked him for giving up his job just to focus on direct selling but he didn't listen to them. He pursued his desire to become financially stable. However, his first attempt at direct selling wasn't successful as it was all about recruiting people and less about selling products. Many got traumatized. People thought they were a scam. During those times, he knew he needed to offer effective products to gain people's trust. He was thinking of the best products to offer when he remembered his father's death. It inspired him to study about nutrition and ways to prevent diseases.

Inspiring Others

To give back and also help others maximize their potential, Lopez regularly conducts seminars and talks (both locally and abroad) about wealth, success, direct selling, leadership, and so much more. Some of the seminars he has spearheaded include Success Simplified Workshop (SSW), Apprehension on Savings & Investment (ASI), Unlock your

Maximum Potential (UMP), Infinite Prosperity Mindset (IPM), Outstanding Leadership Training, (OLT), Multiply Sales & Customers (MSAC), Winning Direct Selling Business (WMB), Pursuit Wealth & Happiness (PWH), Self-Building & Empowerment (SBE), Online Marketing Strategy (OMS) and case study of successful people. He has helped people become millionaires, gain self-confidence, and become successful in the direct selling industry. "I believe that learning prevents you sliding back and if you think it's expensive then try to be ignorant," Lopez added. "I believe that free training and lecture have less effect and impact because I believe nobody respects for free. If you want to have a quality training and workshop with a credible trainer, who has an outstanding track record then you must pay the price. Self-growth and development is not cheap. You must invest in it." "Being rich or wealthy is not by accident nor by luck. Use your "POWER OF CHOICE," Lopez said. "God only sees what's in your heart and above of everyone." "Never bother about what people might say to you. Be always at your peak state. Don't allow them to drag you down from your principle and mindset or you might end up with them. It's better to walk alone knowing your goal rather than pleasing everyone but having no direction." "Always remember that all the blessings are grace by God. I'm nothing without Him and He gave DXN to me." Pray and forgive those people who try to pull you down. God will do the rest," Markwin concluded.

“打工学生如何成为‘百万富翁’？”

“懦夫永开始，弱者永不结束，胜利者永不放弃”。Markwin L. Lopez是菲律宾著名的财富教育家、国际演说家和直销大师，他就是靠这三句话成为年轻的千万富翁。Lopez出生在一个不幸的家庭，却因为非常努力工作，忍受无数个失眠、被拒绝和挫折，而造就了今天的他。他开始每周只赚P500，然而在25岁时已成为一名百万富翁。十多年来，Lopez在没有时间束缚，没有任何限额，也没有老板的情况下，保持6位数的月收入。现年37岁的他，拥有三辆轿车、一栋房子和土地，及几套公寓，因为他对健康、直销和教育的热忱让他赚了不少钱。他还游历了欧洲、美国、中国、阿联酋、埃及、澳大利亚等亚洲国家。他旗下的集团 Crown of the Radiant Empire (CORE) 是其附属直销公司，德信国际私人有限公司中最长久及最大的集团之一。

爬到最顶端

“我不遗憾出身贫寒，也不为过去的生活埋怨父母。那是上帝的安排。祂帮助我让人们了解他们今天的处境和美好的未来。”Lopez说。在成为一名直销专家之前，Lopez已经证明他的出生就是为了打破记录，获得胜利并以他的成功激励他人。他父亲因糖尿病早逝，所以别无选择，只能自供自给上学。他在商场当过守卫，当过信使，在快餐连锁店当过服务员，还当过电影检查员，每每凌晨2点才能回家。只睡了几小时又到学校上7点的课。由于睡眠不足，同学们经常嘲笑他的心不在焉。然而，没有什么能阻止他实现梦想。终于，他获得了中等教育学士学位并在圣詹姆斯学院(St. James College)和新时代高中(New Era high school)教学。

直销之旅

当Lopez开始攻读硕士学位时，得悉了直销行业。他意识到自己在直销方面有很大的潜力，所以决定辞去教学工作。作为养家糊口的人，他母亲劝他不要辞职。他的朋友、同事、亲戚和助教甚至嘲笑他放弃工作只是为了专注于直销，但他并没有理会。继续追求财务稳定的愿望。然而，他首次的尝试并不成功，因为他只是招募会员而非销售产品。许多人因而受了创伤。认为这是一个骗局。那段时间里，他知道他需要提供有效的产品才能赢得人们的信任。每当想起父亲的过世，他就想要提供最好的产品。这激发了他研究营养和预防疾病的方法，也研究了替代药物、健康、保健、领导力和财富。在他重返直销行业之前，已做好万全的准备。“我参加过由Tony Robbins, Brian Tracy, Chris Gardner, Robert Kiyosaki, Gerry Robert, Jerome Tan, Peng Joon, Kevin Green, Andrew Matthews 等人的国际培训和研讨会，”Lopez说。他从没放弃寻找适合自己的直销公司。当发现一家公司的收入完全来自健康产品时，他开始销售其产品，并邀请客人参加有关健康和保健的研讨会。由于真诚地推广有益健康和提供的有效产品，他留住了一批忠实客户也建立了属于自己的成功团队。在德信公司工作了大约14年，他在37岁时成为最年轻的皇冠大使。

激励别人

为了回馈并帮助他人发挥最大潜力，Lopez定期举办有关财富、成功、直销、领导力等方面的研究会和会谈(包括本地和国外)。他领导的一些研讨会包括成功简化研讨会(SSW)，储蓄与投资理解(ASI)，释放最大潜力(UMP)，无限繁荣心态(IPM)，杰出领导力培训(OLT)，Multiply Sales & 客户(MSAC)，赢得直销业务(WMB)，追求财富和幸福(PWH)，自我建设和赋权(SBE)，在线营销战略(OMS)以及成功人士的案例研究。他帮助人们成为百万富翁，获得自信，并在直销业务取得成功。Lopez补充：“我相信学习可以防止你倒退，如果你觉得学习很昂贵，那就试着变得无知。”“我认为免费培训和讲座的效果和影响较小，因为我相信没有人会注重免费培训。如果您希望通过可靠且业绩出色的培训师，进行高质量的培训和研讨会，那您就必须付出代价。自我成长和发展并不便宜，您必须投资它。”“富裕既非偶然亦非运气，运用您选择的力量”，Lopez说。“上帝只看到你的内心和对待每个人的内心。”“永远不要为他人的話所困扰，始终处于最佳状态，不要让他们影响您的原则和心态，宁可在了解自己目标的情况下独行，而不是取悦所有人，却失去方向”“永远记住，所有的祝福都是上帝的恩典，没有祂及祂所给予的德信，我将一无所有。”祈祷并原谅那些试图把您打倒的人。上帝会为你做其余的事，“Markwin 总结。



“

Bagaimana Seorang Pelajar yang Bekerja Menjadi Seorang Jutawan?

"Pengecut tidak pernah mula, orang lemah tidak pernah menghabiskan sesuatu; dan pemenang tidak pernah mengalah." Markwin L. Lopez, seorang penceramah, pakar dalam jualan langsung berwarganegara Filipina yang menjadi jutawan dengan berpandukan tiga ayat ini. Dilahirkan dalam keluarga yang kurang berkemampuan, Lopez bekerja keras dan melalui pelbagai jenis cabaran untuk menjadi siapa beliau pada hari ini. Beliau bermula dengan hanya meraih sebanyak P500 seminggu, dan kemudiannya menjadi jutawan ketika beliau berusia 25 tahun. Dan kini, Lopez telah mempunyai sumber pendapatan mencecah 6 angka – tanpa mesin pencatatan masa, tanpa kuota dan tanpa ketua. Pada usia 37 tahun, beliau telah mempunyai tiga buah kereta, sebuah rumah, dan beberapa buah kondominium. Beliau juga telah memberi ceramah di Eropah, Amerika Syarikat, China, Emiriah Arab Bersatu (UAE), Mesir, Australia dan beberapa negara di Asia. Kumpulannya sendiri yang dinamakan Crown of the Radiant Empire (CORE) adalah sebuah kumpulan yang paling lama dan terbesar di bawah DXN International Private, Ltd.

Mendaki Tangga

"Saya tidak pernah menyesal dilahirkan dalam keluarga yang miskin dan saya tidak menyalahkan ibu bapa saya atas kehidupan yang pernah saya jalani sebelum ini. Ini adalah ujian dari Tuhan. Ia membantu saya memahamkan orang lain mengenai situasi mereka hari ini dan masa depan yang cerah di hadapan mereka," kata Lopez. Sebelum menjadi pakar dalam jualan langsung, Lopez telah membuktikan bahawa beliau



dilahirkan untuk memecahkan rekod, untuk berjaya dan memberi inspirasi kepada orang lain melalui kejayaannya. Bapanya telah meninggal dunia pada usia yang muda akibat Diabetes, jadi beliau perlu membayar pendidikannya sendiri. Beliau telah bekerja sebagai seorang pencuci di sebuah pusat beli belah, penghantar barang, kakitangan di sebuah restoran makanan segera, pekerja di pawagam – pulang pada pukul 2 pagi dan bangun semula beberapa jam kemudian untuk menghadiri kelas pada pukul 7 pagi. Disebabkan oleh kurang tidur, rakan sekelas mentertawakan beliau kerana tidak fokus dalam kelas. Namun, tiada apa yang dapat menghentikan beliau dari mencapai impianinya. Beliau telah berjaya memperolehi ijazah dalam bidang Pendidikan Menengah dan mengajar di Kolej St. James dan Sekolah Menengah New Era untuk beberapa tahun.

Perjalanan Jualan Langsung

Lopez baru sahaja memulakan kelas Ijazah Sarjana di mana beliau belajar mengenai perniagaan jualan langsung. Beliau sedar bahawa beliau mempunyai potensi yang besar dalam jualan langsung, jadi beliau telah memutuskan untuk berhenti menjadi seorang guru. Sebagai pencari nafkah, ibu tidak menggalakkan beliau berhenti kerja. Rakan-rakan, saudara-mara serta guru-guru memperlekeh keputusannya untuk berhenti menjadi guru semata-mata untuk menjalankan perniagaan jualan langsung tetapi tidak dihiraukannya. Beliau meneruskan hasratnya untuk menjadi seseorang yang mempunyai kewangan yang stabil. Walau bagaimanapun, percubaan pertamanya dalam jualan langsung tidak berjaya memandangkan beliau perlu mencari ramai orang dan tidak begitu menjual produk. Ramai yang trauma dan berpandangan bahawa ianya adalah satu sindiket penipuan. Ketika itu, beliau tahu beliau perlu menawarkan produk yang berkesan untuk mendapatkan kepercayaan dari orang ramai. Beliau terfikir mengenai produk terbaik untuk ditawarkan apabila beliau teringatkan mendiang bapanya. Ini memberikan beliau satu inspirasi untuk mengkaji lebih mengenai khasiat pemakanan dan cara untuk menghindari penyakit. Beliau mengkaji mengenai perubatan alternatif, kesihatan, kesejahteraan, kepimpinan dan kekayaan. Beliau melengkapkan dirinya dahulu sebelum kembali melakukan perniagaan jualan langsung. "Saya menyertai latihan dan seminar antarabangsa yang dianjurkan oleh Tony Robbins, Brian Tracy, Chris Gardner, Robert Kiyosaki, Gerry Robert, Jerome Tan, Peng Joon, Kevin Green, Andrew Matthews, dan ramai lagi," ujar Lopez. Beliau tidak berhenti mencari syarikat jualan langsung yang sesuai dengan dirinya. Apabila beliau menjumpai sebuah syarikat yang mempunyai pendapatan yang berasaskan produk kesihatan, beliau mula menjualnya dan menjemput tetamu ke seminar mengenai kesihatan dan kesejahteraan. Disebabkan oleh kejujurnya dalam menggalakkan kesihatan yang baik dan keberkesanannya dalam produk yang ditawarkan, beliau mempunyai pelanggan setia dan boleh menubuhkan kumpulannya sendiri yang berjaya. Kini, beliau telah bersama dengan DXN selama 14 tahun. Beliau telah menjadi Duta Mahkota termuda pada usia 37 tahun.



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